


SWETEC Skate&Skills - V28/29 Grupp 2



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>SKILLS&SKATE 2020 Incheckning på Tyrshov mellan kl. 13.30-14.00 i entre'n andra våningen vid cafeterian.</p> <p>Samling kl. 07.30 varje morgon.</p> <p>OBS! ONSDAG LEDIGT!</p>	07.30 SAMLING	07.30 SAMLING	07.30 SAMLING		07.30 SAMLING	07.30 SAMLING	07.30 SAMLING	
	08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min		08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min	
	09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min		09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min	
	11.15 THEORY 30 min	11.15 THEORY 30 min	11.15 THEORY 30 min		11.15 THEORY 30 min	11.15 THEORY 30 min	11.00 LUNCH	
	11.30 LUNCH		12.15 LUNCH	12.15 LUNCH		12.15 LUNCH	12.15 LUNCH	
	12.30 ICE PRACTICE 75 min						12.30 PLAY GAMES 60 min	
	13.30-14.00 INCHECK		13.15 OFFICE XFIT 45 min	13.15 OFFICE XFIT 45 min		13.15 OFFICE XFIT 45 min	13.15 OFFICE XFIT 45 min	14.00 CLEANING 30 min
	14.30-15.00 MEETING	14.45 OFFICE XFIT 45 min	14.00 ICE PRACTICE 75 min	14.00 ICE PRACTICE 75 min		14.00 ICE PRACTICE 75 min	14.00 ICE PRACTICE 75 min	14.30 END OF CAMP
	15.45-16.30 ICE PRACTICE 45 min	16.15 DINNER	16.00 DINNER	16.00 DINNER		16.00 DINNER	16.00 DINNER	
	17.00 END OF DAY		18:15 ICE PRACTICE 60 min	18:15 ICE PRACTICE 60 min		18:15 ICE PRACTICE 60 min	18:15 ICE PRACTICE 60 min	
	17.30 END OF DAY	19.30 END OF DAY	19.30 END OF DAY		19.30 END OF DAY	19.30 END OF DAY		