


SWETEC SKILLS, Group 2, 10 - 17 july



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>SKILLS Challenge Incheckning på Tyrshov Utånför kl. 13.30-14.00</p> <p>Samling kl. 07.30 varje morgon.</p> <p>OBS! ONSDAG LEDIGT!</p>	07.30 SAMLING	07.30 SAMLING	07.30 SAMLING		07.30 SAMLING	07.30 SAMLING	07.30 SAMLING	
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	08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min			08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min	08.00 OFFICE XFIT 45 min
	09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min			09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min	09.30 ICE PRACTICE 75 min
	11.15 THEORY 30 min	11.15 THEORY 30 min	11.15 THEORY 30 min			11.15 THEORY 30 min	11.15 THEORY 30 min	11.00 LUNCH
	11.30 LUNCH		12.15 LUNCH	12.15 LUNCH				
						12.15 LUNCH	12.15 LUNCH	12.30 GAMES 60 min
	12.30 ICE PRACTICE 75 min							
	13.30-14.00 INCHECK		13.15 OFFICE XFIT 45 min	13.15 OFFICE XFIT 45 min		13.15 OFFICE XFIT 45 min	13.15 OFFICE XFIT 45 min	14.00 CLEANING 30 min
	14.30-15.00 MEETING	14.45 OFFICE XFIT 45 min	14.00 ICE PRACTICE 75 min	14.00 ICE PRACTICE 75 min		14.00 ICE PRACTICE 75 min	14.00 ICE PRACTICE 75 min	14.30 END OF CAMP
15.45-16.30 ICE PRACTICE 45 min	16.15 DINNER	16.00 DINNER	16.00 DINNER		16.00 DINNER	16.00 DINNER		
17.00 END OF DAY								
		18:15 ICE PRACTICE 60 min	18:15 ICE PRACTICE 60 min		18:15 ICE PRACTICE 60 min	18:15 ICE PRACTICE 60 min		
	17.30 END OF DAY	19.30 END OF DAY	19.30 END OF DAY		19.30 END OF DAY	19.30 END OF DAY		