

# SWETEC Elite, 11-17 july



SUNDAY	MONDAY	TUESDAY	WEDNESDAY GR.1	WEDNESDAY GR 2	THURSDAY	FRIDAY	SATURDAY
 <p><b>SKILLS Challenge 2021</b> Incheckning på Tyrshov Utanför kl. 13.00-14.00</p> <p>Övriga dagar samling kl. 07.30 varje morgon.</p>	07.30 SAMLING	07.30 SAMLING	07.30 SAMLING	07.30 SAMLING	07.30 SAMLING	07.30 SAMLING	07.30 SAMLING
	08.00 THEORY 30 min	08.00 THEORY 30 min	08.00 ICE PRACTICE 75 min	08.00 OFFICE XFIT 45 min	08.00 THEORY 30 min	08.00 THEORY 30 min	08.00 THEORY 30 min
	09.00 OFFICE XFIT 45 min	09.00 OFFICE XFIT 45 min	09.45 OFFICE XFIT 45 min	09.30 ICE PRACTICE 75 min	09.00 OFFICE XFIT 45 min	09.00 OFFICE XFIT 45 min	09.00 OFFICE XFIT 45 min
	11.00 ICE PRACTICE 75 min	11.00 ICE PRACTICE 75 min	11.00 ICE PRACTICE 75 min	11.30 LUNCH	11.00 ICE PRACTICE 75 min	11.00 ICE PRACTICE 75 min	11.00 ICE PRACTICE 75 min
	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	12.30 ICE PRACTICE 75 min	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH
	14.00 OFFICE XFIT 45 min Tyrshallen	14.00 OFFICE XFIT 45 min Tyrshallen	14.00 ICE PRACTICE 75 min	14.15 OFFICE XFIT 45 min	14.00 OFFICE XFIT 45 min Tyrshallen	14.00 OFFICE XFIT 45 min Tyrshallen	14.00 GAMES 60 min
	13.00-13.30 INCHECK Group 1						
	13.30-14.00 INCHECK Group 2	15.30 ICE PRACTICE 75 min	15.30 ICE PRACTICE 75 min	15.30 OFFICE XFIT 45 min	15.30 ICE PRACTICE 75 min	15.30 ICE PRACTICE 75 min	15.30 ICE PRACTICE 75 min
	14.30-15.30 ICE PRACTICE 60 min	17.45 DINNER	17.45 DINNER	16.45 DINNER	17.00 DINNER	17.45 DINNER	17.45 DINNER
	16.00 END OF DAY						
GUL - 4 DAGARS CAMP BLÅ - 3 DAGARS CAMP	19.30 ICE PRACTICE 60 min	19.30 ICE PRACTICE 60 min			19.30 ICE PRACTICE 60 min	19.30 ICE PRACTICE 60 min	
	21.00 END OF DAY	21.00 END OF DAY	17.00 END OF DAY	17.00 END OF DAY	21.00 END OF DAY	21.00 END OF DAY	

