



# SWETEC SKILLS, Group 2, 9 - 16 july (13/7 free)



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p><b>SKILLS Challenge 2022</b> Incheckning på Tyrshov</p> <p>Samling kl. 07.30 varje morgon.</p> <p><b>OBS! ONSDAG LEDIGT!</b></p>	<b>07.30 SAMLING</b>	<b>07.30 SAMLING</b>	<b>07.30 SAMLING</b>		<b>07.30 SAMLING</b>	<b>07.30 SAMLING</b>	<b>07.30 SAMLING</b>	
	<b>08.00 OFFICE XFIT</b> 45 min	<b>08.00 OFFICE XFIT</b> 45 min	<b>08.00 OFFICE XFIT</b> 45 min		<b>08.00 OFFICE XFIT</b> 45 min	<b>08.00 OFFICE XFIT</b> 45 min	<b>08.00 OFFICE XFIT</b> 45 min	
	<b>09.30 ICE PRACTICE</b> 75 min	<b>09.30 ICE PRACTICE</b> 75 min	<b>09.30 ICE PRACTICE</b> 75 min		<b>09.30 ICE PRACTICE</b> 75 min	<b>09.30 ICE PRACTICE</b> 75 min	<b>09.30 ICE PRACTICE</b> 75 min	
	<b>11.15 THEORY</b> 30 min	<b>11.15 THEORY</b> 30 min	<b>11.15 THEORY</b> 30 min		<b>11.15 THEORY</b> 30 min	<b>11.15 THEORY</b> 30 min	<b>11.00 LUNCH</b>	
	<b>11.30 LUNCH</b>		<b>12.15 LUNCH</b>	<b>12.15 LUNCH</b>		<b>12.15 LUNCH</b>	<b>12.30 GAMES</b> 60 min	
	<b>12.30 ICE PRACTICE</b> 75 min		<b>13.15 OFFICE XFIT</b> 45 min	<b>13.15 OFFICE XFIT</b> 45 min		<b>13.15 OFFICE XFIT</b> 45 min	<b>13.30 CLEANING</b> 30 min	
	<b>13.30-14.00 INCHECK</b>							
	<b>14.30-15.00 MEETING</b>	<b>14.15 OFFICE XFIT</b> 45 min	<b>14.00 ICE PRACTICE</b> 75 min	<b>14.00 ICE PRACTICE</b> 75 min		<b>14.00 ICE PRACTICE</b> 75 min	<b>14.00 ICE PRACTICE</b> 75 min	<b>14.00 END OF CAMP</b>
	<b>15.45-16.30 ICE PRACTICE</b> 45 min	<b>15.45 DINNER</b>	<b>16.00 DINNER</b>	<b>16.00 DINNER</b>		<b>16.00 DINNER</b>	<b>16.00 DINNER</b>	
	<b>17.00 END OF DAY</b>		<b>17.00 ICE PRACTICE</b> 60 min	<b>17.00 ICE PRACTICE</b> 60 min		<b>17.00 ICE PRACTICE</b> 60 min	<b>17.00 ICE PRACTICE</b> 60 min	
	<b>16.30 END OF DAY</b>	<b>17.30 END OF DAY</b>	<b>17.30 END OF DAY</b>		<b>17.30 END OF DAY</b>	<b>17.30 END OF DAY</b>		