



CCM CHALLENGE SUMMER

8 –15 July, Tyrshov Ishall/Tyringe



WELCOME TO THE CCM SUMMER CHALLENGE.

It is the 22: e time we run this camp with an incredible participant list again. We have players from 6 different countries with a lot of knowledge and ambitions to develop to optimize their conditions for the future.

ARRIVAL DAY

CAMP start with incheck in Tyrshov/Tyringe - see the signs.

- **CAMP 1**, 8 to 15 July. 13.00-13.30

- **CAMP 2**, 9 to 15 July: 13.00-13.30

Allergy/Medical

Foodallergy by submitted before the camp. Other allergies must be submitted to the groupleaders. SWETEC have a medical trained, the problem should be notified to him. If you must go to the hospital, follow a leader with. Do not forget to leave the phone number to family and bring your insurance number with you.

Schedule

Schedule must be followed, often days are from 07.30 to 20.00. No leave the camp before and of day, if you leave the camp you must notified to the groupleader. Schedule is the entrance and changing rooms. None schedule awarded to players, the players must take the responsibility. Thera may be some changes in the schedule, announced in morning.

Photography

Sport Photography from canada how take the foto/video.

Insurance

SWETEC not responsible for players's insurance, it is the players responsibility.

Equipment

In SWETEC you borrowed hockeysocks and training jersey with must be used throughout the camp. Through our sponsorship necessary to respect other property and manages it. No tape may appear on hockeysocks. Return the last day in the specified location.

Food

We eat on Tyrshovs Arena. The food is structured to gice the player the energy to cope with the training. Lunch, dinner and two snacks included in the Camp. We recommend taking extra food between training and drink plenty of water in the bottles you get from Reebok Hockey. Meny sitting in the entrance.

General Rules.

- We require good order in the premises and equipment you are borrowing
- To comply with local rules for the arena and premises
- In the changing room must the equipment up off the floor every day and neatly hung.
- To take film and take cards in the arena is no problemo, but ju must but in swetec.
- SWETEC responsible not for money/mobile phones or other valuables, as provided in the arena.
- Candy, soda or oyer sweets should not be eaten from 07.30 to 19.30.



Group Rules

- Must be on time. Five minutes before the deadline.
- You may not leave the area without permission of the groupleader.
- Listen to the leader, raise your hand if you want something.
- Do not be bullying, ugly words. Or fight. Warning disributed, then measures off or send home.

If you have any questions, take them in start of the camp or you groupleader. WELCOME!