



SUMMAR CHALLENGE

4/5 - 11 JULI, Tyrshov/Tyringe, SWEDEN



SUMMER CHALLENGE 2026! 4/5 – 11 Juli 2026

Welcome to the 25th time of ccm SUMMER CHALLENGE.

It is the 25th time we run this camp with a huge list of participants again. We have players from 7-8 different countries with a lot of knowledge and ambitions to develop to optimize their conditions for the future.

IMPORTANT, read through the information and be prepared for this week to be great, educational, challenging and VERY TOUGH both physically and mentally.



Arrival day

Your camp week starts with check-in in Tyrshov Ishall on the 2nd floor at the cafeteria. Here you check in for the camp, this starts with information, where to go etc.

- **Camp 1/Skills, Saturday 13:00-13:30**
- **Camp 2/Elite, Sunday 13:00-13:30**

Camp Information

Our 7 day camp is an incredible opportunity for those who want to measure your knowledge and develop your knowledge optimally with a focus on SKATE - PHYS - SKILLS and you meet talented instructors such as **DAG WENSTRÖM - MIKAEL LUNDBLAD - SEBASTIAN WENSTRÖM** etc.

Dag Wenström has workplaces in several countries at the top level such as in Switzerland, Germany and the Danish league. Skills coach is Mikael Lundblad from Växjö is an extremely talented instructor to develop fresh techniques for your future performance opportunities. Also meet Sebastian Wenström who is a skilled technical skater and the technique coach. The team is composed and has many years of experience together at the Summer camp.

Camp program

The schedule is on the website and print it out because we will not be handing it out, there is a schedule in the locker room and two places in the arena. The leaders will also inform the players. The schedule changes, but the times for ice training and meals do not change.



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SWETEC RULES/ORDER

Well-being and safety

We have a good reputation for order and a good environment at our campers. We have rules for well-being and ethics, we demand discipline and respect from **EVERYONE**. When it comes to safety, you should always follow the leaders' instructions. If something is not good - tell the responsible leader immediately. **Don't wait!**

Our demands on Students.

SWETEC places demands on the student:

- Keep to time
- Listen and follow the leaders' information
- Take responsibility for themselves and for other students
- Express thanks and be nice at, for example, the meal.
- Do not say foul words or other derogatory comments
- Keep the locker room tidy and **QUIET NOISE LEVEL**.

FOOD

For the 3 year in a row, we eat in Tyrshov Ishall on the second floor. The food is arranged as the "plate model" and the quality is VERY high. Snack in the morning is fruit and drinks/sandwiches in the afternoon in the same place as lunch/dinner on the second floor.

NOTE! Allergies must be reported by June 10th at the latest. The barbecue on June 11th, you must notify us before July 1st if you will not have food.

IMPORTANT, that you use the water bottle and drink a lot during the camp. If it is hot, please take extra to absorb in the water. Always use a water bottle from CCM.

HEALTHCARE

We have health-trained staff, if a student is injured or needs supervision, we will take the first check and make decisions. If a student is taking medication, it must be reported to the responsible group leader.

COACHES AND GROUPS

Swetec has a team that works together during the season and for several years. The instructors are professionals and have it as their profession. The others have a lot of experience and have attended Swetec camps during their playing years.

Group

Group division is based on skill level and age, we have the right to decide which group the student should belong to and it can be changed DURING THE CAMP. We do not take into account club, country or friends, but what is best for the player's development.

INSURANCE

Players are responsible for their own insurance at the camp. If you belong to a club in Sweden, you are insured through Folksam. The insurance only applies to Swedish clubs. The camp does not have additional student insurance and foreign players must have their own insurance.

ADDRESS

The camp address is Tyrs hov ice rink, Paradisgatan 32-38 282 32, Tyringe

Välkomna till sommarens höjdpunkt!

POWERED BY CCM



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Remember list

What you should know and bring to camp.

Go to bed on time, set your alarm, eat a good breakfast

Packing list, for the camp....

- Full Hockey Equipment
- Sharpened Skates
- 2 Clubs Minimum
- Extra Clothes/Underwear
- Indoor Training Shoes
- Jumping Rope
- Elastic Band/Elastic Rubber Band
- Form roller
- Tennis Balls
- Hygiene Items

Good mood and desire to train

Welcome!

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